

# Adults 55 & Over

## MAH JONG MONDAYS

**Who:** Adults 55 & over  
**Session I:** April 5 - April 26  
**Session II:** May 3 - June 7 (no class May 24 & 31)  
**Session III:** June 14 - July 12 (no class July 5)  
**Time:** Mondays, 10:30 a.m.-11:30 am  
**Where:** North Branford Community Center  
**Fee:** \$10 per session / additional \$5 fee for non-residents  
**Instructor:** Judy Barron  
**Description:** Come learn the Chinese tile game online. Play with a group for more fun!

## WORKSHOPS & SEMINARS

### PROTECTING YOURSELF from IDENTITY THEFT

**Who:** Adults 55 & over  
**When:** Tuesday, April 6 10:30 a.m.  
**Where:** North Branford Senior Center  
**Fee:** FREE/Pre-registration required  
**Presenter:** Sharon Young, from People's Bank / Sponsored by the Agency on Aging

**Description:** Protecting your personal information is the best defense against scams and fraud costing seniors millions of dollars each year. This course will discuss types of scams that are used and why many of these scams target the senior population.



### ON YOUR OWN AGAIN

**Who:** Adults 55 & over  
**When:** Tuesday, April 13 10:30 a.m.  
**Where:** North Branford Senior Center  
**Fee:** FREE/Pre-registration required  
**Presenter:** Jacqueline Jackson, from Wachovia Bank / Sponsored by the Agency on Aging

**Description:** Divorce and losing a spouse are very emotionally trying. Even under the best circumstances, there are certain financial issues you need to consider if you find yourself suddenly single due to divorce or widowhood.

### SURVIVING ON A FIXED INCOME

**Who:** Adults 55 & over  
**When:** Tuesday, April 27 10:30 a.m.  
**Where:** North Branford Senior Center  
**Fee:** FREE/Pre-registration required  
**Presenter:** Nancy Guman, from Webster Bank / Sponsored by the Agency on Aging

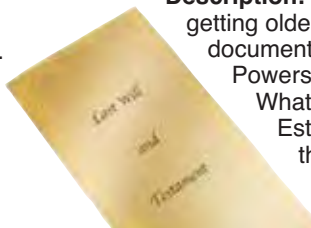
**Description:** This course will offer ideas on how to manage your money while living on a fixed income. It will cover concepts on what it means to "Pay Yourself First", the importance of budgeting, and taking control of your money. This is a very interactive class that tailors to people's specific areas of concern.



## ESTATE & FINANCIAL PLANNING FOR OLDER ADULTS & THEIR FAMILIES

**Who:** Adults 55 & over  
**When:** Tuesday, April 6 (Part I) 6:00 p.m.  
Tuesday, April 13 (Part II) 6:00 p.m.  
**Where:** North Branford Senior Center  
**Fee:** FREE/Pre-registration required  
**Presenter:** Matthew Stillman, Esq.

**Description:** Now that you or family members are getting older, what estate and/or Medicaid planning documents do they need? A Will? A Trust? Powers of Attorney? HIPAA? Living Will? What is Elder Law and how does it differ from Estate Planning? This lecture will address the basic issues of Elder Law and what documents are needed/recommended for older adults.



### CONSUMER'S TOOL KIT FOR HEALTH CARE

**Who:** Adults 55 & over  
**When:** Tuesday, May 4 (Part I) 6:00 p.m.  
Tuesday, May 11 (Part II) 6:00 p.m.  
**Where:** North Branford Senior Center  
**Fee:** FREE/Pre-registration required  
**Presenter:** Matthew Stillman, Esq.

**Description:** This lecture will discuss planning strategies for older adults and their families. After the previous lecture you and your family will have an idea of what estate documents are needed for the future. Now review how to utilize those documents. Is a reverse mortgage a good idea? Why is "probate" helpful in Medicaid planning? This seminar will address these Medicaid planning topics that can help you save the majority of your parents' estate while preserving your parents' rights for Medicaid eligibility.

### QUALIFYING FOR TITLE XIX AND STAYING AT HOME (having your cake and eating it too!)

**Who:** Adults 55 & over  
**When:** Tuesday, June 8 (Part I) / 6:00 p.m.  
Tuesday, June 15 (Part II) / 6:00 p.m.  
**Where:** North Branford Senior Center  
**Fee:** FREE/Pre-registration required  
**Presenter:** Matthew Stillman, Esq.

**Description:** Do my parents have to be put into a nursing home to receive Title XIX? What is homecare? Who runs the programs (Connecticut or the Federal Government)? Do my parents have to live with me? What will homecare programs cost? This program will address the specifics about basic homecare programs, the differences in care and cost between the different programs. Eligibility requirements will also be discussed.

