

Fitness Room Information

The DiLungo Fitness Room is located in the North Branford Community Center at 1599 Foxon Road. No matter what your level of fitness you can set and meet your goals in this friendly, non-intimidating atmosphere.

Membership Includes:

- Strength Equipment
- Cardiovascular Equipment
- Lockers and/or Cubby Space
- Personal Trainers (additional cost)

Resident Fees:

Individual \$175 per year
(59 yrs & younger)

Family \$275 per year

(Includes **two** family members; add'l family members 23 yrs or younger \$50 – must all reside in the same household)

Senior \$100 per year (60 yrs & older)

Non Resident Fees:

Individual \$225 per year (59 & younger)

Family \$325 per year

(Includes **two** family members; add'l family members 23 yrs or younger \$50 – must all reside in the same household)

Senior \$125 per year (60 yrs & older)

Children

**11 and 12 year olds may join our

Fitness Room based upon the following rules:

- Must work out with an adult at all times – no exceptions
- Mandatory orientation with our trainer - \$15



Child Care Services
"The Clarino Child Care Room"
"FREE Child Care Available:"
 (by our Recreation Department Staff for fitness members & class members)
Monday, Wednesday & Friday
Mornings 9 a.m. to 11 a.m.

Free trial passes available
Open 7 days a week!

New!

8 individual T.V.'s on our Cardio Machines along with an additional Treadmill, Crosstrainer and Cybex Arch.

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