



## JUNIOR TENNIS FOR BEGINNERS

**Who:** Ages 6 - 10  
**Session I:** January 9 - February 13  
**Session II:** February 27 - April 2  
**Time:** Mondays, 3:30 - 4:30 p.m.  
**Where:** Stanley T. Williams Building Gymnasium  
**Fee:** \$105  
**Instructor:** Mark Pizzi  
**Class maximum is 7**

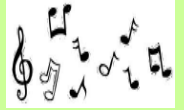
**Description:** Here is an opportunity to keep your child(ren) active in the sport of tennis during the winter months. *The class will be held indoors.* Whether they are true beginners, or have slightly more experience with hitting a tennis ball and playing games, this class will provide benefit by allowing them to practice the fundamentals using a junior-sized court and net, including swing techniques, ball control and coordination, and movement. Fun games will be integrated within the instruction. Please bring water, racquet and wear sneakers. Balls are provided.

## CHILDREN'S KARATE

**Who:** Ages 6 and up  
**Session I:** October 8 - 29  
**Session II:** January 7 - 28  
**Session III:** February 4 - 25  
**Time:** Saturdays, 12:30 - 1:00 p.m.  
**Where:** Tom Smith's Chinese Kempo Academy  
**Fee:** \$45

**Description:** Children will learn respect for self and others, self-defense, balance, flexibility, discipline, focus, and healthy habits all with a great instructor liked by all!!

## SINGING LESSONS



**Who:** Ages 6 - 14  
**Session I:** October 13 - November 17  
**Session II:** January 19 - March 1 (no class Feb. 23)  
**Time:** Thursdays, 6:30 - 7:30 p.m.  
**Where:** North Branford Community Center  
**Fee:** \$40  
**Instructor:** Debra K. Levi  
**Description:** Come and join this class for all the important basics of singing which include - breathing, exercises and speech techniques to singing your favorite songs. Learn how to become a singer! This class is a lot of fun and certainly educational. Get a solid start with this voice instruction.

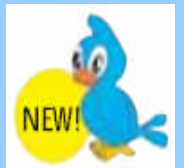
## GUITAR INSTRUCTION

**Who:** Ages 6 - 16  
**Session I:** October 13 - November 17  
**Session II:** January 19 - March 1 (no class Feb. 23)  
**Time:** Thursdays, 5:15 - 6:15 p.m.  
**Where:** North Branford Community Center  
**Fee:** \$40  
**Instructor:** Debra K. Levi  
**Description:** This class is for you. You will enjoy learning the basics of guitar. If needed, rental is available from the instructor.

## KEYBOARD

**Who:** Ages 6 - 16  
**Session I:** October 13 - November 17  
**Session II:** January 19 - March 1 (no class Feb. 23)  
**Time:** Thursdays, 4:00 - 5:00 p.m.  
**Where:** North Branford Community Center  
**Fee:** \$40  
**Instructor:** Debra K. Levi  
**Description:** Learn all the basics of playing the keyboard. Students are encouraged to bring their own keyboard (battery operated) or rental is available through the instructor.

## CHILDREN'S GRAPPLING



**Who:** Ages 8 and up  
**Session I:** October 8 - 29  
**Session II:** January 7 - 28  
**Session III:** February 4 - 25  
**Time:** Saturdays, 1:30 - 2:30 p.m.  
**Where:** Tom Smith's Chinese Kempo Academy  
**Fee:** \$55  
**Description:** Your child will learn safe defensive and offensive movements in this modern wrestling style. They will learn from a fantastic instructor in a comfortable setting.

## Nursery on Notch Hill

Providing Quality Early Childhood Education Since 1971!



**WE ARE A PARENT COOPERATIVE NURSERY SCHOOL WITH SO MUCH TO OFFER**

- 4 hour preschool program
- 3's classes Tuesday/Thursday 9-1
- 5 day program now available for 4 year olds
- Small classes for a favorable 1-6 teacher-to-child ratio
- Summer Programs for children ages 3-8 years, keep your siblings together
- Winter Festival every January
- Popcorn Movie nights once a month
- Family events and field trips throughout the year
- Extended day options may be available for next year.

Call or email our Director, Kristina Veilleux for more info or a class visit (203) 481-0240  
[nurseryonnotchhill@gmail.com](mailto:nurseryonnotchhill@gmail.com)  
 320 Notch Hill Road, North Branford, CT



## BABYSITTER'S CERTIFICATION

**Who:** Ages 11 - 15  
**Session:** November 19  
**Time:** Saturday, 10:00 a.m. - 1:00 p.m.  
**Where:** Ambulance Co. #4 - Northford  
**Fee:** \$60  
**Instructor:** Trained American Safety and Health Institute Staff

**Description:** This training gives the knowledge, skills and confidence to care for infants and school-aged children. This course addresses safety issues, preventing injuries and illnesses, basic childcare, first aid, as well as how to find a babysitting job, how to negotiate a fee and other issues concerning babysitting. Students learn by doing and will be required to demonstrate first aid and other skills. They will be certified by the American Safety and Health Institute!! If you reregister for this class and Child/Infant CPR simultaneously there is a discounted rate.

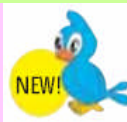


## 6, 7 & 8 YEAR OLD GYMNASTICS

**Who:** Ages 6 - 8  
**Session I:** Oct. 11 - Dec. 20 (no class Nov. 8)  
**Session II:** Jan. 10 - March 20 (no class Feb. 21)  
**Time:** Tuesdays, 4:30 - 5:30 p.m.  
**Where:** Stanley T. Williams building  
**Fee:** \$85  
**Instructor:** Florence Chittenden  
**Description:** This program will introduce gymnastics to the new comers as well as improve skills and work up to competition level if that is your choice. This is a co-ed program. Guaranteed to be a positive experience.



## SNOW DAY COVERAGE!



**Who:** Grades 1 - 5  
**Session:** December - February when school has a **full day** closure due to snow.  
**Time:** 9:00 a.m. - 4:00 p.m.  
**Where:** North Branford Community Center  
**Fee:** \$30 for one child ~ \$50 for two children  
**Instructor:** Denise Regino and staff  
**Description:** **Have you found yourself scrambling for child care at the last minute when there is a snow day? We have the answer! Our staff is on call for you!** Your child will partake in a day full of activities that will keep them busy while your at work!!! Please provide lunch & snacks and send appropriate clothing for outdoor play. **If this is a service you feel is a good one, that you may potentially use, please call us and put your name on a list.**

## TEEN SKI PACKAGE

**Who:** Grades 6 - 12  
**Session:** T.B.A.  
**Time:** T.B.A.  
**Where:** Mount Southington  
**Instructor:** Parks and Recreation staff  
**Description:** Enjoy the evening skiing at Mount Southington!! Each package will include lessons and/or rentals if needed, supervision, as well as round trip school bus transportation with a pick up & drop off at NBIS & STW. Sign ups need to be done early (like by the beginning of November), Call for further information.



## 8, 9 & 10 YEAR OLD GYMNASTICS

**Who:** Ages 8 - 10  
**Session I:** Oct. 11 - Dec. 20 (no class Nov. 8)  
**Session II:** Jan. 10 - March 20 (no class Feb. 21)  
**Time:** Tuesdays, 5:30 - 6:30 p.m.  
**Where:** Stanley T. Williams building  
**Fee:** \$85  
**Instructor:** Florence Chittenden  
**Description:** This program will introduce gymnastics to the new comers as well as improve skills and work up to competition level if that is your choice. Guaranteed to be a positive experience. This is a co-ed program.

## PRE- BALLET

**Who:** **Ages 3 & 4**  
**Time:** 9:00 - 9:45 a.m.  
**Who:** **Ages 5 & 6**  
**Time:** 10:00 - 10:45 a.m.  
**Session I:** Oct. 15 - Nov. 19  
**Session II:** January 14 - February 18  
**Session III:** March 3 - April 7  
**Where:** North Branford Community Center  
**Fee:** \$35  
**Instructor:** Angela Adinolfi  
**Description:** Introduce your toddler and pre-schooler to the basics of dance through pre-ballet. This class allows children to discover the beauty of ballet and moving to music. Creativity is encouraged while the fundamentals of ballet are introduced to help the children develop a love for the art of dance. Ballet clothes or comfortable clothing and ballet shoes are needed for class.

